

THE HEALING ART

LOMILOMI is Hawai`i's traditional, spiritually-based healing massage. It reflects the ancient Hawa`ian culture and a people who understood their connection to each other, to the power and beauty of their land, and to their spiritual source. This is the essence, the heart of LomiLomi, to connect and honor the whole being - body, mind and spirit.

LOMILOMI incorporates prayer, cleansing and forgiveness rites, breath and energy work, native herbology, and fluid forearm and lomi massage techniques.

THE EXPERIENCE

From former students:

"Thank you for creating a safe space to grow and for teaching what I consider the true spirit of Aloha!"

"LomiLomi is intricate and beautiful! This well-rounded experience was presented with ease and grace"

"Wood Valley Retreat was magical and nourishing. The food was beyond amazing! You are an inspiring teacher"

THE PLACE

Beautiful and secluded, Wood Valley Tibetan Buddhist Temple is located near Hawai`i Volcanoes National Park.



Photo by Kolleen Kohlrus

THE PROGRAM

This Seven Day Intensive invites you to experience the power and grace of LomiLomi. The Intensive will include:

- 20-25 HOURS OF LOMILOMI MASSAGE TRAINING
- HAWAI`IAN CULTURE, LANGUAGE, MYTHOLOGY AND HEALING PHILOSOPHY
- VISITS TO SACRED SITES
- BASIC KAHIKO (ANCIENT) HULA, CHANT AND CEREMONIAL LEI MAKING
- VARIOUS METHODS OF MEDITATION, MOVEMENT & ART EXPRESSION
- MEET WITH ISLAND ELDERS AND TEACHERS

LOMI LOMI

MARCH 1-8, 2014

REGISTER BY NOV 30, 2013 FOR \$100 TUITION SAVINGS

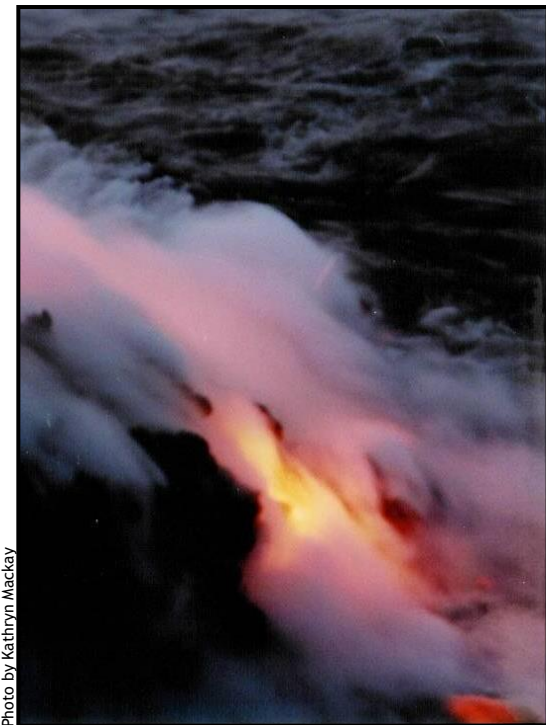


Photo by Kathryn Mackay

THE COST

\$2200.00

FEE INCLUDES:

TUITION, ROOM, MEALS, SUPPLIES,
AND CERTIFICATE FOR HOURS (50 CE's)

TO REGISTER:

SEND \$450 NON-REFUNDABLE DEPOSIT

- \$100 discount if registered by 11/30/13
- BALANCE DUE BY 1/20/2014

AIRFARE / CAR RENTAL ARRANGEMENTS
MAY BE MADE THROUGH:

TERRY UEMURA

HAWAI'I GENERAL STORE

206.633.5233

www.hawaiianislandmassage.com

ABOUT THE FACILITATOR:

Kolleen Kohlrus, LMP (WA, HI), CMHC (WA), began her study of LomiLomi and the Hawai'ian Healing Arts in 1986. She has studied with a number of revered Hawai'ian teachers and elders. Kolleen began teaching LomiLomi in 1990, and completed a year of training in Gestalt Therapy as applied to bodywork. She was on the faculty of Brenneke Massage School in Seattle from 1998-2004, and currently teaches Lomilomi as Continuing Education at Cortiva Institute and other locations. Kolleen maintains a private practice in Seattle and on Whidbey Island, combining LomiLomi and Gestalt Therapy. She also travels and teaches weekend LomiLomi workshops upon request.

REGISTRATION FORM

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (DAY) _____

PHONE (EVENING) _____

CHECK_VISA__M/C__AMEXCARD__

EXPIRATION _____ SECURITY CODE _____

SIGNATURE _____

Detach or copy and mail to:
Kolleen Kohlrus, LMP
3301 NE 11th St, Seattle, WA 98056
206.280.3519



Kolleen Kohlrus LMP, CMHC
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206.280.3519

LOMI LOMI HAWAIIAN HEALING ARTS

MASSAGE INTENSIVE



Photo by Kolleen Kohlrus

MARCH 1-8, 2014
Big Island of Hawai'i